



Introduction:

This short, written project is designed to familiarize you with an area of intercultural knowledge and competence in which you personally would like to grow and to help you achieve that growth.

Participant Instructions:

Part I

1. Complete the "BEFORE EXPERIENCE" side of the A.S.K.S² survey.
2. When you finish, go back and consider your results. Where is your score lower than you would like it to be? Identify which domain of intercultural knowledge and competence this is by consulting the "CONSTRUCT KEY" side. If there is more than one domain, decide which one you would most like to grow in.
3. Prepare to write a 1-2 page plan for growth in that domain. In your plan, use paragraph forms to answer the following questions:
 - What domain did you pick, and why did you pick it?
 - Research how this domain is defined in intercultural and other terms, and how people develop and grow in it. The AAC&U Intercultural Knowledge and Competence VALUE Rubric and websites on educational goals and outcomes are great sources. Use your research to discuss several definitions and several ways that people grow and develop in this domain. (Be sure to list your sources at the end of your work.)
 - How can you personally develop in this domain? Map out an action plan that you can complete within a given time period to support your personal growth (What? When? How? etc.). Be as specific as possible about what you will do and why you chose that activity in particular.
 - How will you know you've grown in that domain? Discuss one or two concrete signs or ways you can check in with yourself and recognize if you've grown.

Part II

4. Go back and read what you wrote in Part I, then write a reflection that answers the following questions:
 - As you look back at your plan now, how do you feel about it? Are you the same person who wrote that plan? Discuss.